

PRAKRITI  SHAKTI

CLINIC OF NATURAL MEDICINE *by* CGH EARTH

METABOLIC RESET

7-Day Drugless,
Non-Invasive Nature Cure Programme
In The Natural Healing Spaces Of
Panchalimedu, Keralam.

A Gentle Introduction To Naturopathy That Creates A Healing Environment For Your Metabolism



Designed for those new to nature cure,
the Metabolic Reset Programme makes Naturopathy
more accessible through a supportive, comfortable,
and deeply restorative experience.

Why A Metabolic Reset Matters

Your metabolism is the silent engine of vitality, influencing sleep, digestion, immunity, energy, and even emotional balance. When it thrives, the body feels lighter, clearer, calmer, and more energetic. But if it's imbalanced; fatigue, cravings, stress, and lifestyle disorders quietly take root.



Exclusive Offers On 7-Day Package For Cottage With Private Balcony Amidst Lush Foliage

Single Occupancy
(total rate for one guest in
a single cottage for 7 days)

₹1,36,500*

(For Indian Nationals)

€1,470*

(For Foreign Nationals)

Twin Sharing Basis
(rate per guest sharing
the cottage for 7 days)

₹1,15,500*

(For Indian Nationals)

€1,225*

(For Foreign Nationals)

Rate Inclusions:

- Personalised attention in daily consultations with our doctors
- Two curated healing therapies each day
- Guided group yoga therapy sessions
- Diet Therapy with a healthy combination of raw and cooked food prescribed by the doctor
- Lifestyle and holistic wellness guidance
- Specially provided garments for your stay
- Seamless airport transfers from Cochin

Offer valid till 30th September 2026 only



At Prakriti Shakti, surrounded by nature and guided by Naturopathic principles, you are invited to press the reset button on your metabolic health.



Call: +91 90726 10130
Email: admissions@prakritishakti.com

cghearth
experience wellness